



It is the mission of **Minding Our Elders** to shine a light on the isolation often felt by caregivers and seniors and to give them a voice. The book ***Minding Our Elders: Caregivers Share Their Personal Stories*** was written to support the work of family caregivers. Founder and owner of **Minding Our Elders** Carol Bradley Bursack assures caregivers and seniors that they aren't alone. Through speaking and writing, she strives to carry the message that help is available for them.